# Buurtzorg humanity over bureaucracy



# **Buurtzorg Foundation quick scan**

- 2006: new organization and care delivery model
- Self-managing teams, no managers
- delivering nursing- and community health care
- working together with GP's and others

1 team 4 nurses ca. 10,000 nurses in

450 'independent' teams

**2007** -- 2008 -- 2009 -- 2010 -- 2011 -- 2012 -- 2013 -- 2014 -- 2015 -- **2016** -- -- and growing ....



# Results of 90's policies on homecare

- fragmentation of cure, care, prevention
- standardization of care-activities/tasks
- talking of 'products', price x quantity
- wrong incentives: delivering much care at low cost = profit ->
- lower quality and higher costs
- big capacity problems due to demographic developments
- clients confronted with many caregivers
- information on costs per client/outcomes: none!



#### **Start Buurtzorg 2007**

starting an organization and care delivery model for nursing- and community care with

- independent teams of max. 12 nurses
- working in a neighborhood of 5000-10.000 people
- who organize and are responsible for the complete process:
  - clients, nurses, planning, education and finance
  - and all kinds of coordination activities
  - integrating nursing/medical and social care



#### **Buurtzorg serving purpose**

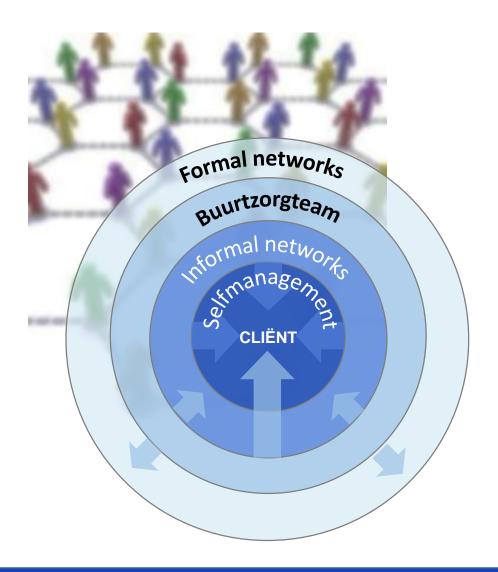
Self-organizing teams were:

- not a goal
- simply the most logical way to serve purpose

Free & empowered to:

- adapt to individual needs of clients, colleagues, local circumstances
- build healing relationships
- be agile: being alert, and easy and quick to move





#### Onionmodel

- inside-out
- empowering
- adaptive
- network creating
- supporting



# (Self)Organization

- optimal autonomy and no hierarchy: TRUST
- complexity reduction; also with the use of ICT
- max. of ca. 12 nurses / team, 40 to 50 clients
- generalists: taking care for all type of patients
- ca. 70% registered nurses (of whom ca. 40% bachelor degree)
- own education budget
- informal networks more important than formal organizational structures
- training SIM: selfsteering and coaching





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#### All clients welcome

<ul> <li>chronically ill and functionally disabled clients</li> </ul>	30%
<ul> <li>clients with (symptoms of) dementia</li> </ul>	14%
<ul> <li>clients who need palliative end of life care</li> </ul>	23%
• frail elderly	31%
<ul> <li>clients discharged from hospital</li> </ul>	33%

All ages, range 0-107, mean age = 74

Female : male = 60% : 40%



# **Quality System**

- monitoring outcomes: Buurtzorg Information System (BIS, incl. the Omaha System)
- roles and activities per role, instead of processes
- high education level: 70% is RN (av. elsewhere 20%), of whom
- client satisfaction
- team functioning feedback and transparency (online)
- employee satisfaction



# Supporting the independent teams

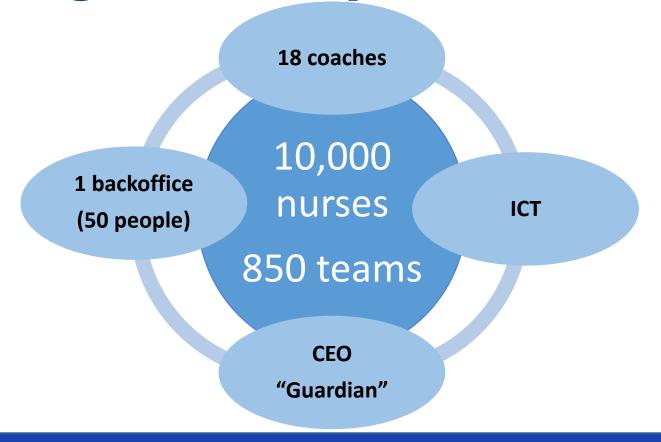
50 people in 1 back office; 15 coaches, managers 0!

Taking care of inevitable bureaucracy, so the nurses won't be bothered with it!

- The care is charged.
- The employees are paid
- Making financial statements

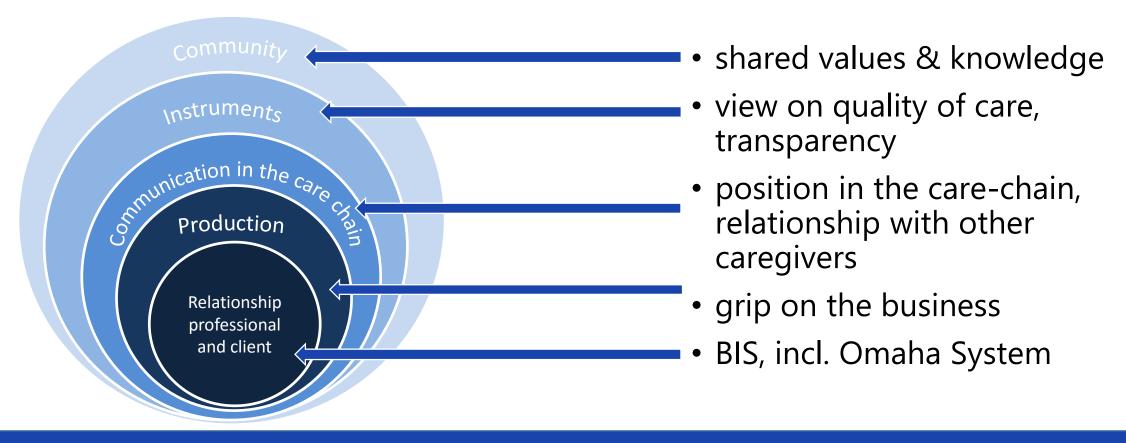


# Supporting the independent teams





# ICT makes it possible! - Buurtzorgweb





#### **Buurtzorgweb – some aspects**

- build 'agile' from scratch, to serve higher purpose
- build for small self managing teams
- reflects lack of hierarchy, lack of control-mechanisms
- open communication
- minimize bureaucracy, simplify tasks
- provide services and support teams
- Software as a Service (SaaS), outsourced



#### Buurtzorgweb – some aspects (2)

- online community
- client-, employee-, team-data, planning
- hours registration, production, billing
- sharing documents
- all necessary administration for accountability (cost providers, inspection etc.)
- care-chain connection (GP's, primary care, client portal)
- connection to online services (E-learning, ordering med. equipment)



# **Online Community**

- shared values
  - o nurses work all over the country but feel like 'one'
- good examples & best practices
  - o ask & share all over the country
- opinion check
  - o easy check of the ideas of professionals
- easy and open communication
  - o for example for CEO and backoffice with all teams



# **BIS (Buurtzorg Informatie Systeem)**

- Health-record focused on health & care only
- no reimbursement items or other pollution
- automated client centered coded classification; Omaha System ->
- assessment, interventions and outcomes
- integrated exemplary care-plans
- digitalized tools & overviews
- designed with nurses & nurse-assistants, 'agile' all the way
- winner of national Spider Award 2013 (ICT prize)



#### **Satisfied clients**

- good quality of care
- "compared to 307 other organizations for community care clients give the highest score to Buurtzorg" (NIVEL 2009)
- highest *client* satisfaction rates: 9,1
- supported by patient- and elderly organizations
- less admissions in hospitals and nursing homes



#### Satisfied employees

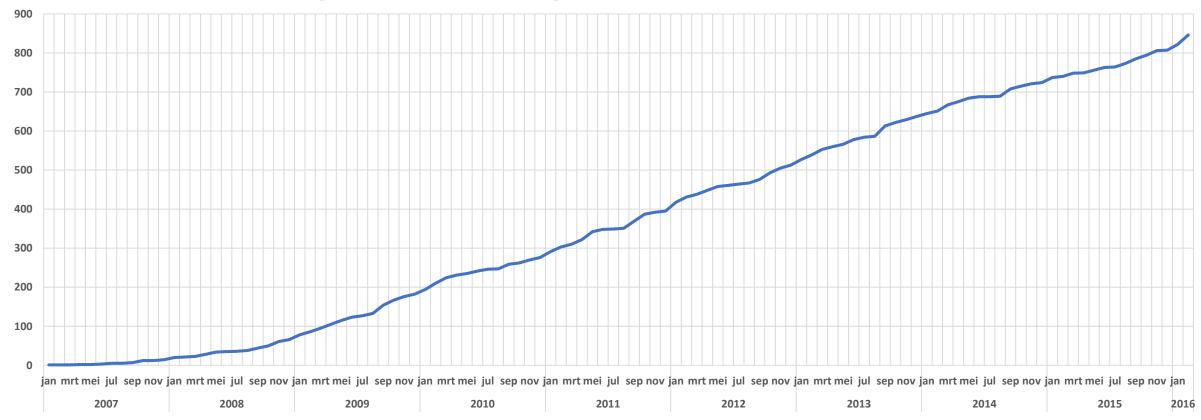
Thousands of nurses quit their jobs at traditional organizations and went to work for Buurtzorg, appreciating:

- working in small teams
- working autonomous, freed up and trusted
- strong team-spirit; 'good flow', 'bring out the best', 'never alone'
- dignity; enabled to connect with clients, do good, achieve
- user-friendly ICT

Price for best employer 2011 / 2012 / 2014 / 2015 Repeated quotes: 'coming to work here felt like coming home'



#### **Buurtzorg teams growth**





# **Buurtzorg in the whole country**







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#### Radio steunkous





#### **Rollator race**













#### Costs and benefits organizational

• overhead costs: 8% (average elsewhere 25%)

• profit rate: 4%

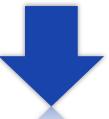
sickness rate: 6%

more means for innovation and pragmatism: do what needs to be done means to support agility & adapt to fluctuations



#### **Costs & benefits societal**

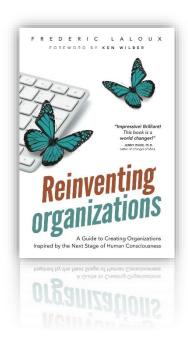
- External report: "home care would be 65% of the costs", thanks to more prevention, a shorter period of care and less spending on overhead
- More satisfied employees and clients



- The government and all political parties are stimulating other care organizations to work like Buurtzorg.
- Other sectors are interested in the organization model



#### **New theorectical model?**



Frederic Laloux: 'reinventing organizations'

- selfmanagement
- wholeness
- evolutionairy purpose



Sharda Nandram: 'organizational innovation by integrating simplification'

- needing principle
- rethinking principle
- common sense principle





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# Thank you for your attention

