

# **Evolving Models of Behavioral Health Integration in Primary Care**

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The report is available for free online at  
<http://www.milbank.org/reports/10430EvolvingCare/10430EvolvingCare.html>  
PDF file [102p.] at:  
<http://www.milbank.org/reports/10430EvolvingCare/EvolvingCare.pdf>

“.....This report offers an approach to meeting the unmet needs of the millions of Americans suffering from mental illness and substance abuse: the integration of primary care and behavioral health care.

The report summarizes the available evidence and states' experiences around integration as a means for delivering quality, effective physical and mental health care. For those interested in integrating care, it provides eight models that represent qualitatively different ways of integrating/coordinating care across a continuum—from minimal collaboration to partial integration to full integration—according to stakeholder needs, resources, and practice patterns

This report also provides an orientation to the field and, hopefully, a compelling case for integrated or collaborative care. It provides a concise summary of the various models and concepts and describes, in further detail, eight models that represent qualitatively different ways of integrating and coordinating care across a continuum—from minimal collaboration to partial integration to full integration. Each model is defined and includes examples and successes, any evidence-based research, and potential implementation and financial considerations.

Also provided is guidance in choosing a model as well as specific information on how a state or jurisdiction could approach integrated care through steps or tiers. Issues such as model complexity and cost are provided to assist planners in assessing integration opportunities based on available resources and funding. The report culminates with specific recommendations on how to support the successful development of integrated care. ....”

## **Table of Contents**

[Foreword](#)  
[Acknowledgments](#)  
[Executive Summary](#)  
[Introduction—Making the Case for Integrated Care](#)  
[Orientation to the Field](#)  
[Information Technology](#)  
[Practice Models of Integration](#)  
[Practice Model 1: Improving Collaboration between Separate Providers](#)  
[Practice Model 2: Medical-Provided Behavioral Health Care](#)  
[Practice Model 3: Co-location](#)  
[Practice Model 4: Disease Management](#)  
[Practice Model 5: Reverse Co-location](#)  
[Practice Model 6: Unified Primary Care and Behavioral Health](#)  
[Practice Model 7: Primary Care Behavioral Health](#)  
[Practice Model 8: Collaborative System of Care](#)  
[Considerations for Choosing a Model](#)  
[Incremental Steps in a Challenging Fiscal Environment](#)  
[Recommendations for Health Care Delivery System Redesign to Support Integrated Care](#)  
[Conclusion](#)  
[Resources](#) -- [References](#)

## **List of Tables**

[Table 1: Four Quadrants of Clinical Integration Based on Patient Needs](#)  
[Table 2: Using Information Technology to Integrate Care](#)  
[Table 3: Collaborative Care Categorizations at a Glance](#)  
[Table 4: Examples of Practice Model 1—Improving Collaboration between Separate Providers](#)  
[Table 5: Examples of Practice Model 2—Medical-Provided Behavioral Health Care](#)  
[Table 6: Examples of Practice Model 3—Co-location](#)  
[Table 7: Examples of Practice Model 4—Disease Management](#)  
[Table 8: Examples of Practice Model 5—Reverse Co-location](#)  
[Table 9: Examples of Practice Model 6—Unified Primary Care and Behavioral Health](#)  
[Table 10: Examples of Practice Model 7—Primary Care Behavioral Health](#)  
[Table 11: Examples of Practice Model 8—Collaborative System of Care](#)  
[Table 12: Summary of Primary Care—Behavioral Health Integration Models](#)  
[Table 13: Incremental Steps for Integrating Care](#)

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